

Historic, archived document

Do not assume content reflects current scientific knowledge, policies, or practices.

THE COTTAGE HERB GARDEN:

Wherein is contained a List of all manner of thriving Plants:

HERBS *of a fragrant savour,*

offered for Sale, to provoke your content,
during the Spring, the Summer & at the Fall;

AS ALSO

A List of the Dried Herbs:

for Flavoring & for Fragrance; as well as
divers Kinds of commodities for the use of a Garden;

WHEREUNTO IS ADDED

such other information as is right necessary to be known.



THE COTTAGE HERB GARDEN AND SHOP

The quaint little Cottage Herb Garden and Shop adjoin the Bishop's Garden of Washington Cathedral. The Herb Garden was designed by the late Mrs. G. F. C. Bratenahl, landscape architect of Washington Cathedral and chairman for many years of the garden committee of All Hallows Guild. The Garden and Shop were opened in 1934 for the purpose of making living plants and dried herbs available to the public. ✿ The offerings received are used solely for the maintenance of Washington Cathedral. Some of the plants are grown in the Cathedral greenhouse, some in the Herb Garden, and some are imported. ✿ The Garden lies within a curving low stone wall. An ancient pavement of pie-shaped bricks leads to the door of the English Cottage (once the Temporary Baptistery) which houses the Shop. Visitors are most cordially welcomed. ✿ The hours are 9 to 6 in Summer, and 9 to 5 in Winter, except on Sundays and the great feast days of the Church. The Garden contains two unique herb gardens: one of many herbs named in the Bible, and one of herbs named in Shakespeare's plays and poems.

SHIPMENT OF PLANTS from the greenhouses can be made throughout the United States during Spring, Summer, and Fall according to Government regulations (Winter shipment is possible, but is not advised). Plants are inspected and passed by the U. S. Department of Agriculture before shipment.

HERBS FOR THE GARDEN

"A little cottage plot . . . And did you not notice how ever and again you fell upon some quaint, strange plant which has been expelled from the modern border, which seemed to touch your inmost soul and to fill your mind, especially if in childhood, with a sense of wonder and mysterious awe."

AMBROSIA. *Chenopodium botrys*. Annual. Fragrant, small oak-like leaves. Used as a tea. (Plants only.)

ANISE. *Pimpinella anisum*. Annual. White flowers; lacy leaves. Leaves used for garnishing. Seed used for flavoring bread and cookies. (Seed only.)

BALM. Lemon. *Melissa officinalis*. Perennial. Dark green lemon-scented leaves. Used in fruit salads and iced tea, and in Potpourri. (Plants only.)

BASIL. Bush. *Ocimum minimum*. Annual. Aromatic green leaves; spicy flowers. Used in salad dressings and with cottage cheese. (Plants only.)

BASIL. Sweet. *Ocimum basilicum*. Annual. Yellowish-green leaves; very pungent clove-like flavor. Used in tomato dishes, green salads and cooked vegetables. (Plants only.)

- BERGAMOT.** Bee-balm or Oswego Tea. *Monarda didyma*. Perennial. Fragrant foliage; red flowers. Used as a beverage herb for tea or flavoring wine. (Plants only.)
- BORAGE.** *Borago officinalis*. Annual. Oval leaves; blue flowers. Leaves used in salads, flowers used as a garnish. Good for bees. (Seed only.)
- BURNET.** *Sanguisorba officinalis*. Perennial. Cucumber-scented leaves used in salads, soups and iced drinks. (Plants only.)
- CHAMOMILE.** *Anthemis nobilis*. Perennial. Gray green leaves; white daisy-like flowers with yellow centers. Dried flowers used for tea. (Plants only.)
- CHAMOMILE.** *Matricaria chamomilla*. Perennial. Fern-like leaves; daisy-like blooms. Good covering for sunny, gravelly banks. Used for tea. (Seed only.)
- CARAWAY.** *Carum carvi*. Biennial. Carrot-like plant; white blooms. Seeds used in cakes and cookies and with cottage cheese. (Seed only.)
- CATNIP.** *Nepeta cataria*. Biennial. Gray-green leaves; lavender-colored flowers. Used as tea. Cats love it. (Plants only.)
- CERVIL.** *Anthriscus cerefolium*. Annual. Fern-like leaves; small white blooms. The French and Italians use it in salads and fish sauces, also in "fines herbes." (Plants only.)
- CHIVES.** *Allium schoenoprasum*. Perennial. Slender tube-like leaves have delicate taste and scent of onion. Used in salads, omelets, meats and sauces. (Plants only.)
- CLARY.** Sage. *Salvia sclarea*. Biennial. Large grey-green flannel-like leaves; greenish-white blooms. Leaves can be used in sachets. Used formerly to flavor wine, salads and soups. (Seed only.)
- CORIANDER.** *Coriandrum sativum*. Annual. Yellow-green leaves; pale rose-tinted flowers. Seeds used for flavoring. (Seed only.)
- COSTMARY.** *Chrysanthemum balsamita*. Perennial. Long, stalks, yellowish, mint-scented leaves; yellow flowers. Dried leaves used for tea; in France for veal stuffing. (Plants only.)
- CUMIN.** *Cuminum cyminum*. Annual. Leaves finely divided; pinkish flowers. In Holland and Switzerland seed used to flavor cheese; in Germany to flavor bread. (Seed only.)
- DILL.** *Anethum graveolens*. Annual. Soft feathery leaves, very pungent; yellow flowers. Leaves used for flavoring meats and fish sauces; seed used for pickled cucumbers and vinegar. (Seed only.)
- ELECAMPAGNE.** *Inula helenium*. Perennial. Very large leaves with yellowish-green tips; yellow flowers. Formerly used medicinally and in veterinary remedies. (Seed only.)
- FENNEL.** *Foeniculum officinale*. Annual. Finely-divided thread-like leaves; yellow flowers. Leaves used to flavor soup or fish; seeds to flavor soups, spiced beets and cakes. (Plants only.)
- GERANIUM.** Scented-leaf. *Pelargonium*. Perennial.
- ROSE. Velvet-like divided leaves which smell of roses and spice. Pink flowers. (Plants only.)
- SKELETON. Aromatic leaves intricately branched; pink flowers. (Plants only.)
- LEMON. Lemon-scented leaves; rose-tinted flowers. (Plants only.)

The omelette is made by slightly beating the eggs, and adding for each egg one tablespoon of cream, salt, and pepper. Cook in olive oil or melted butter.

- LADY MARY. Dainty leaves with spicy scent; a free bloomer. (Plants only.)
- OAK LEAF. Rich dark green leaves. 2 varieties. (Plants only.)
- BALM. Large velvety leaves; pink blooms. (Plants only.)
- NUT-MEG. Small round gray-green leaves. (Plants only.)
- GERMANDER. *Teucrium chamaedrys*. Perennial. Pungent foliage; purple flowers. Good as edging plant. (Plants only.)
- HOREHOUND. *Marrubium vulgare*. Perennial. Woolly leaves; whitish flowers. Formerly used in candy and in syrup for coughs and colds. (Plants only.)
- HYSSOP. *Hyssopus officinalis*. (Blue or pink.) Perennial. Dark green leaves; blue and bronze flowers. Formerly used medicinally and in perfume. Good for edging. (Plants only.)
- LAVENDER. *Lavandula officinalis* or *Vera*. Perennial. Gray-green narrow leaves; fragrant flower-spikes. Used in perfumes, sachets, and formerly in medicines. (Plants only.)
- LEMON VERBENA. *Aloysia citriodora*. Perennial. Aromatic light green leaves; flowers small, white, with purplish tubes. Used mainly in potpourri, sachets and perfume; sometimes as a tea. (Plants only.)
- LOVAGE. *Levisticum officinale*. Perennial. Large dark green celery-like leaves; yellow flowers. Stalks used in salads; seed for flavoring confections. (Plants only.)
- MARIGOLD. Pot. *Calendula officinalis*. Annual. Bright flowers of different shades of yellow. Used for coloring and sometimes for flavor. (Seed only.)
- MARJORAM. Pot. *Origanum onites*. Perennial. Aromatic leaves; fragrant white flowers, sometimes pinkish. Used when fresh for tea, when dried for potpourri. (Plants only.)
- MARJORAM. Sweet. *Origanum marjorana*. Annual in north, perennial in south. Small fragrant green leaves; greenish flowers. Used in perfume; also for flavoring salad, soup and meats, especially lamb. (Seed only.)
- MINT. *Mentha*. Perennial. Used for flavoring beverages, vegetables, sauces and confections.
- | | | |
|-----------------------------|-------------------------------|-----------------------------|
| APPLE. <i>Gentilis</i> . | PEPPERMINT. <i>Piperita</i> . | GOLDEN. <i>Citrata</i> . |
| CURLY. <i>Crispa</i> . | PENNYROYAL. <i>Pulegium</i> . | WOOLY. <i>Rotunifolia</i> . |
| CREEPING. <i>Requieni</i> . | SPEARMINT. <i>Spicata</i> . | |
- (Plants only.)
- NEPETA MUSSINI. Perennial. Sturdy green leaves; masses of blue flowers. Used for edging.
- PARSLEY. *Petroselinum hortense*. Biennial or perennial. Ornamental dark green curly leaves. Used for flavor and garnishing. (Plants only.)
- PINKS. *Dianthus*. Spice Pinks. Fragrant decorative flowers. (Seed only.)
- PENNYROYAL. See MINT.
- PEPPERMINT. See MINT.
- ROSEMARY. *Rosemarinus officinalis*. Perennial. Narrow, fragrant, grey-green leaves; pale blue flowers. Used for fragrance and for flavoring. (Plants only.)
- RUE. *Ruta graveolens*. Perennial. Much-cut leaves grayish green; small yellow flowers. Bitter stinging taste; pungent odor. Used sparingly in green salads. (Plants only.)

- SAFFRON.** *Carthamus tinctorius*. Safflowers. Annual. Spiny leaves and orange colored flowers from which a dye is made. Used in flavoring. (Seed only.)
- SAGE.** *Salvia officinalis*. Perennial. Rough, grey-green leaves; lavender-blue flowers. Used for seasoning, particularly pork and poultry. Also used for tea. (Plants only.)
- SANTOLINA.** Gray, or lavender cotton. *Santolina chamaecyparissus*. Perennial. Fragrant, silver-gray leaves resembling sea-weed; flowers like golden balls. Decorative plant, excellent for edging. (Plants only.)
- SANTOLINA.** Green. *S. virides*. Green, fragrant, low-growing.
- SAVORY.** Summer. *Satureia hortensis*. Annual. Slender soft leaves; pale pinkish-lavender flowers. Leaves used in flavoring soups, salads, meats and vegetables, or as a garnish. (Seed only.)
- SAVORY.** Winter. *Satureia montana*. Perennial. Smooth dark green leaves; pinkish-white flowers. Used to flavor soups and meat. A legendary first aide for bee-sting. (Plants only.)
- SKIRRET.** *Sium sisarum*. Shiny green leaves; white flowers. Root used as a vegetable, rather like parsnips. (Plants only.)
- SOUTHERNWOOD.** *Artemisia abrotanum*. Perennial. Feathery silvery-green aromatic leaves. Sometimes called Old Man's or Lad's Love. (Plants only.)
- SWEET CICELY OR MYRRH.** *Myrrhis odorata*. Perennial. Fragrant fern-like leaves; small white flowers. Seeds, plant and root formerly used in cooking and medicine. (Plants only.)
- SWEET WOODRUFF.** *Asperula odorata*. Perennial. Fragrant leaves that grow in a beautiful design; small white flowers. Excellent ground-cover for a partly shady spot. (Plants only.)
- TARRAGON.** *Artemisia dracunculus*. Perennial. Pungent rich green leaves. Used for flavoring vinegar, salads and fish sauces. (Plants only.)
- THYME.** Sturdy, aromatic little plants. Excellent for edging borders in herb or rock gardens. Leaves used for flavoring meats, vegetables, soups, sauces—also as a tea.
- ENGLISH.** Broad leaf. *Thymus vulgaris*. Perennial. Dark green leaves; rosy-pink flowers.
- FRENCH.** Narrow leaf. *Thymus vulgaris*. Perennial. Gray-green leaves; pinkish flowers.
- LEMON.** *Thymus citriodorus*. Perennial. Tiny, dark, glossy leaves; purple flowers. (Plants only.)
- VIOLA.** Little Johnny-Jump-Ups. A favorite in old gardens. Small old-fashioned violet. (Seed only.)
- WORMWOOD.** *Artemisia absinthium*. Perennial. Silky, gray-green foliage, bitter in flavor. Used medicinally and in making absinth. (Plants only.)

The descriptions in the herb list above have been compiled from the writings of herbal authorities whose books are included in the Cottage Herb Garden book-list.

PLANTS NOT INCLUDED WITH THE HERBS

BOXWOOD. *Buxus suffruticosa*. Pot-grown cuttings from historical Boxwood in the Bishop's Garden.

FIRE THORN. *Pyracantha crataegus*.

FUCHSIA. *F. fulgens*.

HELIOTROPE. *Petasites fragrans*.

IVY. *Hedera helix*. Associated with two Cathedrals; Washington and Canterbury in England as the original came from Canterbury Cathedral over 30 years ago.

MAGNOLIA GRANDIFLORA.

SPURGE. *Pachysandra terminalis*.

YEW. *Taxus baccata fastigiata*. Well rooted cuttings from historic Irish yew in the Bishop's Garden.

PLANTS ARE AVAILABLE at 25c each, and at \$2.50 a dozen, packed for shipment; the minimum order accepted for shipment is for six plants. Transportation charges are additional. Shipment by express is recommended. Seed is 10c a packet.

DRIED HERBS FROM THE COTTAGE

Dried herbs packed in glass jars bearing the Cottage Herb Garden label, in two sizes, at 25c and 75c. For mailing gift-assortments, compartment boxes may be had containing two, four or six of the 25c jars. Four 25c jars weigh about one pound, packed for mailing. Postage additional.

FOR FLAVOR: Delightful in salads, vegetables, soups and sauces, and for seasoning meats and drinks: Basil, Bay Leaf, Caraway, Chervil, Coriander, Dill, Fennel, Mint, Rosemary, Saffron (false), Sage, Savory, Sweet Marjoram, Tarragon, Thyme. And (most helpful to beginners in the use of herbs) special mixtures of dried herbs, specially blended and marked, as follows: Soup, Omelet, Fish Cookery (powdered), Poultry Stuffing, Veal Stuffing, Creole Cookery (powdered), Gumbo Filet (powdered), and Salad.

FOR TEAS: Chamomile, Horehound, Lemon Verbena, Peppermint, Tilleul (Linden Blossoms), Yerba Mate. Choice imported Teas, cost according to size of package: Hu Kwa, 25c, \$1.00 and \$2.50; Jasmine, \$1.25; Tong, 50c.

FOR FRAGRANCE: Imported English Garden Flowers, dried and blended into old-fashioned pots-pourris, for rose-jars, linen-shelves, and handkerchief drawers; in two varieties, Garden Bouquet and Old English, packed in glass jars in two sizes at 30c and \$1.00. Sweet Lavender and Lemon Verbena: in glass jars in three sizes, at 25c, 50c, and \$1.00; or in lavender or green organdie sachets at 25c each.



The Cathedral Age illustrated quarterly is devoted to cathedral subjects related to art, architecture, history, literature, music, travel, and the Church. The magazine brings also pictures and news of work and progress of Washington Cathedral and its beautiful Bishop's Garden and other landscaping.

A year's subscription to this international magazine is included in every membership in the National Cathedral Association, an organization comprising thousands of men, women and children in the United States and abroad who are helping to maintain the religious, educational, and charitable work of Washington Cathedral. Membership in the Association is available at an annual offering of \$2, or as much more as your interest may prompt. Please address

THE NATIONAL CATHEDRAL ASSOCIATION
MEMBERSHIP DIVISION
WASHINGTON CATHEDRAL
WASHINGTON, D. C.

A VARIETY OF UNUSUAL INTEREST

FRAGRANT HONEYS from many of the States and from foreign lands, in 25c glass jars. These may be had in compartment boxes containing assortments of two, four or six jars. Among the many varieties usually in stock are: Alabama Cotton Blossom, Georgia Gallberry, Florida Orange Blossom, Pennsylvania Sourwood, New York Blueberry, Texas Thistle, Arizona Mesquite, California Sage, Oregon Blackberry, Canadian Wild Blossoms, Italian Locust, Mount Hymettus, Palestine.

OLD FASHIONED horehound drops and hard candies; lollipops of barley sugar; maple sugar squares from Vermont.

BIRTHDAY CARDS, greeting cards for invalids, and cards for Easter and Christmas; flower prints and calendars—all carefully chosen.

CHARMINGLY ILLUSTRATED Children's Prayers, for nursery or Sunday-school walls, available at 50c each.

HERB CHARTS for the kitchen or pantry wall, at 35c each.

BOOKS, carefully selected, on the herb garden and on the uses of herbs; the current book list may be had on application.

SHIPMENT of dried herbs and of other articles from the Cottage may be had by mail, on orders to the amount of \$1.00 or more. The remittance accompanying the order should include an additional small amount for postage.

INQUIRIES and orders should be addressed to **THE COTTAGE HERB GARDEN, WASHINGTON CATHEDRAL, WASHINGTON, D. C.**

❁ ❁ ❁ ❁ ❁ ❁ ❁ ❁ ❁ ❁ ❁ ❁ ❁ ❁ ❁

RECIPES *Herb flavor should be subtle—it should supplement, not dominate, the dish. When experimenting, use very small quantities of herbs. Remember, it is easier to add than to subtract.*

BOHEMIAN CLUB ONION SOUP: Slice three strong onions and cook until soft in some olive oil and a little butter. Add to either chicken broth, meat stock or water, a cup of cream or rich milk when the onions are soft (not browned), pepper and salt, some of the sweet green herbs,* finely minced, added on serving but not cooked. May be served with grated parmesan cheese.

—Helen Lyman, *10 Herbs Will Make a Kitchen Bouquet*.

*For sweet green herbs, try marjoram, savory, thyme and parsley.

OMELETTE AUX FINES HERBES: Various combinations of herbs may be used, but for the omelette the following is good: thyme, basil, summer savory, and chives. If fresh herbs are used, chop them finely and mix, adding to the omelette just before folding, or mixing them with the eggs before cooking the omelette. If dried herbs are used, soak in cream or water, drain and chop.

4 eggs slightly beaten
1 tablespoon of olive oil
½ teaspoon salt

4 tablespoons of cream
2 tablespoons of mixed herbs
⅛ teaspoon pepper

The omelette is made by slightly beating the eggs, and adding for each egg one tablespoon of cream, salt, and pepper. Cook in olive oil or melted butter.

Mix all the ingredients, put oil into a hot omelette pan, pour in the egg mixture and shake the pan slightly during cooking. Fold, and serve immediately.

The French or Spanish omelette is never brown.

—Miss Shapleigh's recipe adapted from the French, *Gardening with Herbs*, Fox.

ROAST LEG OF LAMB, A LA ROSEMARY: Prepare leg of lamb as usual, making small slit in the stout part. Place a small spray of rosemary (or 1 teaspoonful, if dried) in the slit, and sew. Baste with olive oil.

ROSEMARY BISCUIT: Two cups of bread flour, into which are cut $\frac{1}{3}$ cup shortening and $\frac{1}{4}$ cup finely chopped rosemary leaves. If the dried herb is used, the leaves must be soaked in hot milk till soft. Add 1 cup milk, 3 teaspoons baking powder, salt, and $\frac{1}{3}$ cup sugar. Roll lightly, cut in blocks, and bake carefully. These should be browned, but not hard.

—H. N. Webster, *Herbs—How to Grow Them and How to Use Them*.

SUMMER HERB SALAD: Sprinkle lettuce leaves lightly with minced fresh marjorum, fennel and summer savory. Add French dressing with which a trifling portion of prepared mustard has been mixed.

TARRAGON VINEGAR (for salads): Fresh or dried leaves of tarragon, 2 oz., vinegar—good wine vinegar, 1 qt. Heat the vinegar and pour over the leaves and let it stand 12 hours *only*. Strain off and bottle.—Mary C. Dennis, *What to Do with Herbs*.

HERB COTTAGE FRUIT CUP: To one large can of fruit cocktail add: 1 diced apple, 1 sliced banana, grated rind and juice of 1 lemon, 1 teaspoonful finely chopped mint or lemon-balm leaves. Chill together.

CARDAMON COOKIES (delicious with herb tea):

$\frac{1}{2}$ cup butter

1 cup sugar

2 eggs

Flour enough to make a dough to roll out

1 tablespoonful finely crushed cardamon seed

Grated rind of 1 lemon

1 teaspoonful soda dissolved in $\frac{1}{4}$ cup hot water

Cream butter and sugar, add crushed cardamon seed, eggs well beaten, and flour; roll thin, cut into shapes; bake at 375 degrees until lightly brown. To prepare cardamon seeds, remove outer shell and crush with rolling pin.

SPAGHETTI-AND-TOMATO RECIPE OF AN OLD ROMAN COOK: Boil 1 pound of spaghetti 20 minutes. Drain dry. Toss into a frying pan of hot oil (1 cup) in which has been previously browned 1 chopped onion, or 1 clove of garlic and a few leaves of sweet basil, green or dried.

Turn the spaghetti constantly with two forks, lifting it until the whole is thoroughly saturated with the hot oil, salt and pepper.

Pour over a tomato sauce and serve with grated cheese and a sprinkle of saffron flowers if you like.

—Rosetta E. Clarkson, *Herbs—How to Grow Them and How to Use Them*.

HOW TO USE HERBS



HERBS DELIGHTFUL IN SOUPS

English and French Thyme, Sweet Marjoram, Pot Marjoram, Winter Savory, Summer Savory, Basil, Chervil, Rosemary, and Bay Leaves.

HERBS FOR OMELETTES

Sweet Marjoram, Thyme (English and French), Tarragon, Chives, Chervil, Clary Sage, Hyssop, and Basil.

STUFFINGS FOR POULTRY

Sage, Sweet Marjoram, Winter and Summer Savory, and Thyme.

HERBS FOR SALAD

Burnet, Basil, Chives, Lovage, Sweet Marjoram, Thyme, Chervil, Fennel, Rue, Dill, Winter Savory, Summer Savory, and Tarragon.

HERBS FOR TEAS

Ambrosia, Camomile, Catnip, Pennyroyal, Lemon Verbena, Peppermint, Lemon Balm, Horehound, Pot Marjoram, Sage, Fennel, Summer and Winter Savories, Wormwood, Thyme (English and French), and Clary Sage.

GIFT BOXES

Containing four jars of assorted Herbs or Honey, \$1; or Pot Pourri, \$1.20 postage additional.

The Time: available: dried herbs, the year 'round; living plants, Spring, Summer and Autumn. Hours: 9 to 6 in Summer, 9 to 5:30 in Winter, except Sundays and Holidays. Advance Orders received and filled.

Write for descriptive list of Herb Plants, Dried Herbs, and some suggestions concerning uses of herbs.

THE COTTAGE HERB GARDEN

WASHINGTON CATHEDRAL

WASHINGTON, D. C.

over

HERBS

The Names:

Ambrosia, Balm, Basil, Borage, Burnet, Camomile, Chervil, Caraway, Chives, Catnip, Fennel, Germander, Sweet-leafed Geranium of several Sorts, Horehound, pink or blue Hyssop, Lavender,

Lemon Verbena, Lovage, Mints of divers Kinds, Pennyroyal, Pot Marjoram, Rue, Rosemary, Sage, Skirret, Santolina, Winter Savory, Sweet Marjoram, Sweet Woodruff, Southernwood, Tarragon, and several kinds of Thyme

The Vertues: Flavoring and Fragrance.

The Place: where Sold: a Cottage Herb Garden, near the Gateway to the Bishop's Garden of Washington Cathedral, only 2½ miles from the White House, via Massachusetts Ave., Wisconsin Ave. or Woodley Road.

The Offerings: Pot-grown Herbs: 25 cents each, \$2.50 a dozen, express charges additional.



RECIPES: Herb flavor should be subtle—it should supplement, rather than dominate, the dish. When experimenting, use **small** quantities at first.

ROAST LEG OF LAMB, A LA ROSEMARY: Prepare leg of lamb as usual, making a small slit in the stout part. Place a small spray of Rosemary (or 1 teaspoonful, if dried) in the slit, and sew. Baste with olive oil.

SUMMER HERB SALAD: Sprinkle lettuce leaves lightly with minced fresh marjoram, fennel, and summer savory. Add French dressing with which a **trifling** portion of prepared mustard has been mixed.

HERB COTTAGE FRUIT CUP: To one large can of fruit cocktail add: 1 diced apple, 1 sliced banana, grated rind and juice of 1 lemon, 1 teaspoonful of finely chopped mint or lemon-balm leaves. Chill together.